

FEB

KALE					
MUSHROOMS					
(HOT PEPPERS)					
SPROUTS					
(SHELLING BEANS)					
(WINTER SQUASHES)					
(BEETS)					
(CARROTS)					
(POTATOES)					
				(RADISHES)	
(RUTABAGAS)					
(SWEET POTATOES)					
(TURNIPS)					
(PECANS)					
(ONIONS)					
(SHALLOTS)					
(BASIL)					
(CILANTRO)					
(DILL)					
(LAVENDER FLOWERS)					
(PERENNIAL HERBS)					
ROSEMARY					
(BARLEY)					
(CORN)					
(OATS)					
(SPELT)					
(WHEAT)					
(HONEY)					
(SORGHUM SYRUP)					
BEEF					
GOAT					
LAMB					
PORK					
CHICKEN & EGGS					
DUCK & EGGS					
GUINEA FOWL & EGGS					
QUAIL & EGGS					
TURKEY & EGGS					
CATFISH					
(FRESHWATER PRAWNS)					
TROUT					
COW CHEESES					
(GOAT CHEESES)					
(SHEEP CHEESES)					
BUTTER					
BUTTERMILK					
CREAM					
MILK					